

AGE GROUPS 7 Boys & 8 Girls on MDL Small Sided Pitches

Eligibility	Age Group 7 Boys born 2010 Age Group 8 Girls born 2009 5 v 5
Format	GK and 4 outfield players
Playing Time	75%
Facilitator	2.50 euro per team
Ball Size	5 (290 gms)
Match Duration	2 x 12.50
Footwear	Molded studs molded blades only
Spectacles	No ordinary spectacles allowed for Health & Safety reasons
Pitch	Divided into thirds with retreat lines When ball goes wide and hits the boards opposition retreats beyond retreat line
Retreat Line	When a goal is scored opposition retreats beyond retreat line Play resumes with player either dribbling or passing ball to a team mate with-in retreat line
Restart after a goal is scored or a wide	Opponents can advance beyond retreat line once player commences the dribble or when team mate receives the ball If ball goes out of play at the sideline the nearest player will recommence play as quickly as possible by dribbling or passing ball into play
Ball out of play	Opponent must retreat 3 meters Normal rules apply
Scoring	All players allowed enter and play the ball inside small box
Corners	Opponent must be 3 meters away
Free Kicks	All indirect and opponent must be 3 meters away
Penalty Kicks	Not applicable

AGE GROUPS 8 Boys 9 Boys 10 Girls on MDL Small Sided Pitches

Age Group 8 Boys born 2009

Eligibility Age Group 9 Boys born 2008

Age Group 10 Girls born 2007

Format 5 v 5

Facilitator 2.50 euro per team

Playing Time 75%

8 Boys 5 (290 gms)

Ball Size 9 Boys 5 (320 gms)

10 Girls 5 (320 gms)

Match Duration 2 x 12.50

Footwear Molded studs molded blades only

Spectacles No ordinary spectacles allowed for Health & Safety reasons

Pitch Divided into thirds with retreat lines

When ball goes wide and hits the boards opposition retreats beyond retreat line

Retreat Line

When a goal is scored opposition retreats beyond retreat line

Restart after a goal is scored or a wide

Play resumes with GK throwing or passing ball to a team mate who is inside the retreat line

Opponents can advance beyond retreat line once player receiving ball touches the ball

Ball out of play

If ball goes out of play at the sideline the nearest player will recommence play as quickly as possible by dribbling or passing ball into play

Opponent must retreat 3 meters

Normal rules apply

Scoring

All players allowed enter and play the ball inside small box

Corners Opponent must be 3 meters away

Free Kicks All indirect and opponent must be 3 meters away

Penalty Kicks Not applicable

GK not allowed handle ball from a back pass

Back Pass

If it happens coach must remind GK that it is not allowed

GK not allowed kick out ball from hands down the pitch

AGE GROUPS	10 Boys MDL & 11 Boys St. Patrick's Classical School Navan
	Age Group 10 Boys born 2007
Eligibility	Age Group 11 Boys born 2006
Format	7 v 7
	10 Boys 5.00 euro per team
Referee	11 Boys 7.50 euro per team
Playing Time	50%
Pitch Rental	15.00 euro per team Saturdays payable after game to NEFL
MDL	20.00 euro per team Friday Nights payable after game to NEFL
Ball Size	5 (320 gms)
Match Duration	10 Boys 2 x 22.50 minutes
	11 Boys 2 x 25 minutes
Footwear	Molded studs, Molded blades only
	NO STEEL STUDS NO STEEL BLADES
Spectacles	No ordinary spectacles allowed for Health & Safety reasons
Pitch	Divided into thirds with retreat lines
	When ball goes wide one opponent is allowed inside retreat line
Retreat Line	GK can resume play by throwing the ball out to a team mate and remaining opponents cannot enter retreat line until player receiving ball touches it
	GK can also resume by passing long to a team mate from the ground (not out of hands) but emphasis should be on playing out from the back
Restart after a goal is scored	Kick off center circle
Ball out of play	If ball goes out of play at the sideline restart with throw in
	Normal rules apply
Scoring	All players allowed enter and play the ball inside the box
Corners	Opponent must be 5 meters away
Free Kicks	Normal rules apply opponent must be 5 meters from the ball
Penalty Kicks	Applicable 8 meters from goal
	GK not allowed handle ball from a back pass
Back Pass	If they do then indirect free is awarded
Off Side	Not applicable

AGE GROUP 12 Girls

Eligibility Age Group 12 Girls born 2005

Format 9 v 9

Referee Yes

Ball Size 5 (370 gms)

Match Duration 2 x 30 minutes

6 yard box to 6 yard box OR 18 yard box to 18 yard box

Pitch

70m to 80m in length and 50m to 55m in width

Goal Size 2m x 5m

Spectacles No ordinary spectacles allowed for Health & Safety reasons

Rules Normal rules apply